## **Schedule of Activities**

**Dates:** April 7th - 15th, 2017

#### \*\*\* Conference Starts on April 7th\*\*\*

Day 1: Friday. April. 7th, 2017

Travel Day / Depart USA: Plan arrival for afternoon Arrive Panama City, Panama Pick-up at Airport and transportation to Hotel Group Introduction & Dinner

Day 2: Sat. April. 8th, 2017

Sunday April 9th	Morning Tour of Panama Canal Catch 3:30pm Flight to Bocas Islands via Air Panama Rest and Relax
6:00 pm	Group Dinner
8:00 pm - 9:00pm	Preparaion for Foreign Travel: (Kits) Nicholas Daniel, DO, FAWM This lecture will review the key components of travel preparation and specifically relate it to typical water / diving injuries and prevention.

#### Day 3: Sunday, April 9th, 2017

Monday April 10th	Conference Schedule
7:00 am	Breakfast
8:00 - noon	Recreational Diving / Snorkeling

12:30pm	Lunch
2:00 pm - 3:00pm	Overview of Dive Medicine Nicholas Daniel, DO , FAWM This lecture will review specific concerns, injuries, and medical problems related to dive medicine.
3:15-4:15 pm	Submersion Injuries Joseph Schneider, MD This lecture will review proper evaluation of the submerged patient in an austere environments and how to quickly and appropriately diagnose and treat life-threatening as well as more common injury patterns
5:00pm	Free Time and Dinner

## <u>Day 4</u>: Monday April 10th, 2017

Tuesday	Conference Schedule
7am	Breakfast
8:00am - noon	Recreational Diving / Snorkeling
2:00 - 3:00 pm	Lightning Injuries and Prevention Joseph Schneider, MD This lecture will provide understanding of lightning injuries, prevention and best ways to avoid lightning.

3:00 - 4:00 pm	Dysbarisms and Barotrauma Nicholas Daniel, DO, FAWM This lecture will focus on specific injury patterns related to decompression illness and ways to identify and treat these problems.
5:00 pm	Dinner and Free Time

## Day 5: Tues. April 11th, 2017

Weds.	Conference Schedule
8:00-9:00am	Breakfast

9:00 - 3:00 pm	Full Day Sailing Adventure: Lunch Aboard
5:00 - 6:00 pm	Travelers Diarrhea and Waterborne Infections Nicholas Daniel, DO, FAWM The lecture will review common travel illnesses and specific salt water related infections and how to manage them and how it relates to the diver.
6:00 - 7:00pm	Solar Injuries and Prevention Joseph Schneider, MD This lecture will discuss the dangers of solar energy, risks, prevention and treatment.
7:30 pm	Dinner

Day 6: Weds. April 12th, 2017

Thursday	Conference Schedule
7 am	Breakfast
8:00 - noon	Recreational Diving / Snorkeling
12:30 pm	Lunch
2:00 - 3:00 pm	Recognition and Management of Hypothermia Nicholas Daniel, DO, FAWM Prevention, Recognition and treatment of hypothermia.
3:00 - 4:00 pm	Patient Assessment in the Wilderness Joseph Schneider, MD Assessing the injured patient and triage in austere environments
5:00 pm	Dinner

# Day 7: Thurs. April 13th, 2016

Mon. Aug. 22nd	Conference Schedule
7:00 am	Breakfast
8:00 - 9:00 am	Marine Creatures and Envenomations Joseph Schnider, MD Discuss bites, stings, and other ocean animal related problems and the treatment of these injures.
9:00 - 10:00 am	Dive Physiology and Physics of Depth Joseph Schnider, MD Discuss physiology and physics of Diving.
10:00 - 5:00pm	FREE TIME
5:00 pm	Dinner
7:00 pm	Night Dives

Day 8: Friday. April 14th, 2017

Sat.	Conference Schedule
8:00 - 9:00am	Breakfast / Evaluations / Final Discussion
9:00 am	Free Beach Day
5:00 pm	All Faculty: Splints, Carries, and Packaging
7:00 pm	Group Final Dinner

## Day 9: Sat. April 15th, 2017

Sunday	Conference Schedule
7 am	Breakfast
8:00 - 10:00am	Transports to Airport