

ADVANCED WILDERNESS LIFE SUPPORT®
ADIRONDACK PARK, NY Sept. 12th-15th, 2024

ADIRONDACK PARK, NY - AWLS CONFERENCE SCHEDULE

Note: (B)=Breakfast, (L)=Lunch, (D)=Dinner provided

Thursday Sept. 12th: Arrive Adirondack Park / Camp Little Notch

(D)

5:30PM	WELCOME / Introduction to Wilderness Medicine	
6:00	Dinner	
7:00	Medical Kits	-45 min
7:45	Patient Assessment	-60 min

Friday Sept. 13th: Camp Little Notch (B)(L)(D)

7:00AM	Breakfast	
8:00	HEENT	-60 min
9:00	Lightning	-30 min
9:30	Submersion / Cold Water Injuries	-60 min
10:30	Break / Snack	
10:45	Water Disinfection	-45 min
11:30	Lunch	
12:30	Free Time - Explore / Swim / Hike	-1.5 hr
2:00	Avalanche	-60 min
3:00	<u>Hands On Teaching (outside)</u>	
	-Litters / Carries / Hypothermic wrap	-60 min
	<u>STATIONS:</u>	
	-Spine stabilization / Splinting	-20 min
	-Water Disinfection	-20 min
	-Femur Traction Splints	-20 min
	-Tourniquet Application / Hem. Control	-20 min
6:00	Break	
6:30	Dinner	
7:30	Discussion Group	-60 min

Sat. Sept. 14th: Camp Little Notch / Hike to Iron Ore Furnace (2.5 miles) (B)(L)(D)

(B)(L)(D)

7:00AM	Breakfast	
8:00	Wound Management	-60 min
9:00	Hike to Iron Ore Furnace - WM scenarios	-60 min
12:00	Lunch	
1:00PM	Altitude Illness	-60 min
2:00	Hyper/Hypothermia and Frostbite	-60 min
3:00	Break / Stations -WM scenarios	-180 min
7:00	Dinner	
8:00	Discussion Group - Infectious Disease	-60 min

Sunday Sept. 15th: Camp Little Notch

(B)(L)

7:00AM	Breakfast	
8:00	Dive Medicine	-60 min

9:00	Animal Bites and Stings	-60 min
10:00	Break / Exam	
11:00	AWLS Practical Testing Scenarios	-90 min
12:30	Lunch	
1:30	AWLS Practical Testing Scenarios	-120 min
3:30PM	End of AWLS Course	

Travel

We strongly recommend that participants purchase travel insurance. Travel insurance can refund your trip costs if you have to cancel at the last minute for work, illness or certain family crises, among other reasons. It will also provide some coverage for medical expenses/ emergency evacuation while you are traveling. Contact Wild Med Adventures for more details or visit their website for directions.

<http://www.wildmedadventures.com>

Medical Evacuation Insurance: (For those who elect to purchase)

Delegates should have personal insurance to cover any in-country medical examinations, treatment or rescue/evacuation from a remote area. We recommend Global Rescue, who can be contacted via their website: www.globalrescue.com

Transportation

You will need to arrive at Camp Little Notch / Adirondack Park by 5 pm on Sept. 14th. See itinerary. Flights are not included in your tour price or airport transfers.

Address: 744 Sly Pond Road, Fort Ann, NY 12827

Clothing and Other Equipment

Adirondack Park experiences various temperatures in September and you should refer to gear list on our website. There will be hiking during the guided portion of the tour with exposure to possible rain and cold weather as well as insects. There is minimal fitness required other than day hiking. The sun may be quite strong so hats and protective clothing are also recommended. All instructional equipment is provided for the practical skills sessions, but if you have a medical kit please bring it along. Gear List on Website.